PAINTING WITH EMOTION

Painting with Emotion is a monthly group for children between the ages of 12 to 16 years, who are registered with CARD or FDLRS-MDC. The focus of the group is to develop self-awareness skills related to personal emotions and ways to effectively express those emotions through painting.

Lessons are sequential, with each having skills that lead into the next. For this reason, it is highly encouraged that participants register for all three dates.

<u>Dates/Time:</u> **April 20, 2021 - 05:00 PM May 18, 2021 - 05:00 PM June 15, 2021 - 05:00 PM** All times are Eastern Standard (US and Canada)

Contact Brett at brett.walden@jax.ufl.edu to schedule pick up for the required materials.

Have questions? For additional information please contact Brett Walden, 904.633.0768, brett.walden@jax.ufl.edu.







Register in advance for these meetings at: https://UFHJax.zoom.us/meeting/register/tJIpcO-hqTMoH9AWtT1aB630o6_gg6lhH6ck



UFHealth.org